



*It's often the _____ things that no one sees
 that result in the _____ things that everyone wants.*

OUR WORDS

Proverbs 18:21 (NIV) *The tongue has the power of life and death.*

Our words are either life-_____ (LG) or life-_____ (LT).

If you want to change the life you have, you need to change the words you speak.

James 3:3-5 (NLT) *We can make a large horse go wherever we want by means of a small bit in its mouth. And a small rudder makes a huge ship turn wherever the pilot chooses to go, even though the winds are strong. In the same way, the tongue is a small thing that makes grand speeches. But a tiny spark can set a great forest on fire.*

Proverbs 12:18 (NIV) *The words of the reckless pierce like swords [LT], but the tongue of the wise brings healing [LG].*

Proverbs 15:4 (NIV) *The soothing tongue is a tree of life [LG], but a perverse tongue crushes the spirit [LT].*

How many of you have been crushed by life-taking words?

WORD AUDIT

LT Others 1 2 3 4 5 6 7 8 9 10 LG Others

LT Self 1 2 3 4 5 6 7 8 9 10 LG Self

SPEAKING LIFE GIVING WORDS

1) If you can't say something helpful—_____.

Ephesians 4:29 (KJV) *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

2) If you think something good—_____.

Proverbs 16:24 (NIV) *Gracious words are a honeycomb, sweet to the soul and healing to the bones.*

Don't just encourage others with your words—encourage yourself.

3) If you want to see it—_____.

Mark 11:23 (NIV) *“Truly I tell you, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ and does not doubt in their heart but believes that what they say will happen, it will be done for them.”*

Only say things you can add this phrase to: “. . . and that's the way I want it.”

What one statement could change the course of your life?

MY ONE STATEMENT: _____.



We start the new year with *21 Days of Prayer and Fasting*.
Your life would be better if you lived it just a little closer to God.

*It's often the **small** things that no one sees
that result in the **big** things that everyone wants.*

Thoughts become Words—Actions—Habits—Character—Destiny.

OUR WORDS—SMALL ADJUSTMENTS—BIG DIFFERENCE

Proverbs 18:21 (NIV) *The tongue has the power of life and death.*

Our words are either life-**giving** (LG) or life-**taking** (LT).

If you want to change the life you have, you need to change the words you speak.

Small changes in the words we speak—big difference life we live.

James 3:3-5 (NLT) *We can make a large horse go wherever we want by means of a small bit in its mouth. And a small rudder makes a huge ship turn wherever the pilot chooses to go, even though the winds are strong. In the same way, the tongue is a small thing that makes grand speeches. But a tiny spark can set a great forest on fire.*

In a struggling marriage I can guarantee there are a lot of LT words.
In a good marriage I can guarantee there are a lot of LG words.

People you don't like being around often speak a lot of LT words.
People you love hanging out with often speak a lot of LG words.

Proverbs 12:18 (NIV) *The words of the reckless pierce like swords [LT], but the tongue of the wise brings healing [LG].*

Proverbs 15:4 (NIV) *The soothing tongue is a tree of life [LG], but a perverse tongue crushes the spirit [LT words].*

How many of you have been crushed by life taking words?

WORD AUDIT

LT Others 1 2 3 4 5 6 7 8 9 10 LG Others
LT Self 1 2 3 4 5 6 7 8 9 10 LG Self

Did you mean to do that to your hair? Why aren't u married by now?
I found someone else. I hate you. I never loved you. You're pathetic.

I believe in you. I couldn't love you more. I'd marry you all over again.

Small changes in our words makes a big difference in our lives.

SPEAKING LIFE GIVING WORDS

1) If you can't say something helpful—**skip it**.

Ephesians 4:29 (KJV) *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

2) If you think something good—**say it**.

Proverbs 16:24 (NIV) *Gracious words are a honeycomb, sweet to the soul and healing to the bones.*

It doesn't say thoughts. Why? Your thoughts don't bless others until those thoughts are spoken. Don't rob someone of a blessing?

Don't just encourage others with your words—encourage yourself.
David encouraged himself in the Lord his God (1 Sam 30:6).

3) If you want to see it—**say it**.

Mark 11:23 (NIV) *"Truly I tell you, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in their heart but believes that what they say will happen, it will be done for them."*

Only say things you can add this phrase to: "That's the way I want it."

MY ONE STATEMENT: _____.