



CAST YOUR CARES ON JESUS

Philippians 4:6 (VOICE) *Don't be anxious about things; instead, pray. Pray about everything. He longs to hear your requests, so talk to God about your needs and be thankful.*

. . . pray about everything; tell God your needs, and don't forget to thank him for his answers. — TLB

Psalms 55:22 (AMP) *Cast your burden on the Lord [releasing the weight of it] and He [God] will sustain you; He will never allow the righteous to be moved [defeated].*

Faith in it's simplest form is _____. So casting our cares onto the Lord and faith are closely connected.

HOW TO CAST YOUR CARES

1. _____ yourself.
2. Develop a deep sense of _____.
3. Allow God's Word to _____ within you.
4. Turn _____ into prayers.
5. Don't entertain _____.

1 Peter 5:7-9 (CEB) *Throw all your anxiety onto Him, because He cares about you. Be clearheaded. Keep alert. Your accuser, the devil, is on the prowl like a roaring lion, seeking someone to devour. Resist him, standing firm in the faith. Do so in the knowledge that your fellow believers are enduring the same suffering throughout the world.*

SATAN'S ACCUSATIONS

Genesis 3:1 (NIV) *Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?"*

Accusation #1: "God didn't _____ that." The purpose of this accusation is to determine if you know your _____.

Genesis 3:2-4 (NIV) *The woman said to the serpent, "We may eat fruit from the trees in the garden, but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'" "You will not certainly die," the serpent said to the woman.*

Accusation #2: "God didn't _____ that." The purpose of this accusation is to determine if you know your _____.

Genesis 3:5 (NIV) *"For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."*

Accusation #3: "God is _____ from you." The purpose of this accusation is to determine if you know _____.

Genesis 3:13 (YLT) *The serpent hath caused me to forget.*

Psalms 84:11 (CW) *The Lord is our protector and a glorious King. He showers us with kindness and grace. He will not withhold any good thing from those who do right.*

How do I develop a deep sense of God's love?

_____.



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. . . pray about everything; tell God your needs, and don't forget to thank him for his answers. — TLB

Psalms 55:22 (AMP) *Cast your burden on the Lord [releasing the weight of it] and He [God] will sustain you; He will never allow the righteous to be moved [defeated].*

Casting our cares on the Lord is a big part of faith. After all, faith in it's simplest form is **trusting God**. So casting our cares onto the Lord and faith are closely connected.

HOW TO CAST YOUR CARES

1. **Humble** yourself.
(Stop placing your trust in self and start trusting in God)
2. Develop a deep sense of **God's love**.
(You must know how much God cares for you)
3. Allow God's Word to **inspire hope** within you.
(Find the scriptures that cover our case).
4. Turn **your worries** into prayers.
(Pray the Word—pray a hope filled prayer)
5. Don't entertain **satan's accusations**.

1 Peter 5:7-9 (CEB) *Throw all your anxiety onto Him, because He cares about you. Be clearheaded. Keep alert. Your accuser, the devil, is on the prowl like a roaring lion, seeking someone to devour. Resist him, standing firm in the faith. Do so in the knowledge that your fellow believers are enduring the same suffering throughout the world.*

It's not hard to put things into the hands of God.
The hard part is keeping them there.

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Accusation #1: "God didn't **say** that." The purpose of this accusation is to determine if you know your **Bible**.

Genesis 3:2-4 (NIV) *The woman said to the serpent, "We may eat fruit from the trees in the garden, but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'" "You will not certainly die," the serpent said to the woman.*

Accusation #2: "God didn't **mean** that." The purpose of this accusation is to determine if you know your **God**.

Genesis 3:5 (NIV) *"For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."*

Accusation #3: "God is **withholding** from you." The purpose of this accusation is to determine if you know **yourself**.

Genesis 3:13 (YLT) *The serpent hath caused me to forget.*

Psalms 84:11 (CW) *The Lord is our protector and a glorious King. He showers us with kindness and grace. He will not withhold any good thing from those who do right.*

Because God loves me I can trust Him. How do I develop a deep sense of God's love? **Praise and worship**. It is in those encounter moments that we don't just read that God loves us, we experience His love.